



Spiritual Formation for Leaders

Jesus, undeterred, went right ahead and gave his charge: "God authorized and commanded me to commission you: Go out and train everyone you meet, far and near, in this way of life, marking them by baptism in the threefold name: Father, Son, and Holy Spirit. Then instruct them in the practice of all I have commanded you."

Matthew 28:18-19 MSG

1.) Spiritual Formation

What is it?

It is important for ministry leaders because:

Formula for Spiritual Formation:

FDM: Focus plus Discipline equals Momentum
Focus + Discipline = Momentum

2.) Focus — Become More Like Jesus

3.) Discipline — Six (6) Spiritual Disciplines for Leaders

- 1.) Journaling
- 2.) Fasting
- 3.) Prayer
- 4.) Bible Study
- 5.) Worship
- 6.) Fellowship

4.) Momentum — Removing Ceilings and Roadblocks to Increasing Spiritual Formation

5.) Multiplying Spiritual Formation as a Leader/Discipler

- A.) Vision
- B.) Values
- C.) Vehicles
- D.) Vocabulary

6.) **Next Steps— Spiritual Formation Accountability Questions**

Use these questions to increase spiritual formation accountability.

How is your relationship with God?

How is your relationship with others on the ministry team?

How is your relationship with others outside of the ministry team?

What are your challenges?

What are you celebrating?

What are you praying for?

What is God saying to you?

What are you going to do about it?

7.) **Conclusion**

Who are you pouring your life into? (discipling)

Who are they pouring their life into? (multiplication)

What areas of spiritual formation or what disciplines would you like to increase over the next 6-12 months with your team and/or your disciple?

Closing thoughts...

"Practicing spiritual disciplines and spiritual formation as a leader does not mean that we use God when we no longer can lead on our own. It means we recognize we can do nothing at all, but God can do everything through us." - *Dallas Willard*

We are all one in the journey, but we are also unique in how God comes to us and completes us.

For more information about multiplying spiritual formation in your leadership, please contact Tracee at traceeswank@churchdoctor.org.