Burn-Out or Burn-On: Which Path for Ministry?

CHURCH DOCTOR® MINISTRIES

Kent R. Hunter and Tracee J. Swank

www.churchdoctor.org

I. The Lazarus Syndrome: Ministry Can _____ you (John 11).

II. Great ministry opportunities often require _____.

III. The _____ Principle: Fire can light the way, warm your passion...or burn you.

IV. The Daylight Principle: Walk in the light—God's _____.

V. Many churches today are stumbling in _____.

VI. The constant state of _____ is a major cause of burnout.

VII. A _____ is possible. A church can change strategies.

VIII. Take care of yourself, _____.

A. #1—Spend time, personally in God's _____.

B. #2—Take it to the Lord in _____.

C. #3—_____ your life with rest and work.

D. #4— Learn that church work is never _____.

E. #5—Find a friend who will help you sort out the tricks your mind plays on you: The opposite of bad is not good. The opposite of bad is _____ — A Christian friend who cares.

F. #6—Get help to define the _____ of your church: a Diagnostic Assessment.

12 Burn-On Opportunities for You

I. Find your sweet _____.

II. _____ the truth in love.

III. Develop a culture of _____.

IV. Church leaders practice the fine art of _____.

V. _____ pleading for volunteers.

VI. Staff the _____ people.

VII. Practice the 20-Mile _____.

VIII. Rearrange the _____ for ministry.

IX. Make _____ safe and fun.

X. Develop the strategy of _____.

XI. Practice FDM: Focus + Discipline = _____.

XII. Have more _____.

Resources

A DVD of "Burn Out or Burn On: Which Path For Ministry?" is Available as a download from Church Doctor Ministries at no cost (http://churchdoctorministries.com/burn-on). Multiply your experience! If you would like this in DVD format, the cost for the DVD and shipping is $5.00.

Books:

Church Doctor Ministries. *The Church Doctor Report*. www.churchdoctor.org.

Collins, Jim. *Good to Great: Why Some Companies Make the Leap...and Others Don't*. New York, NY: HarperBusiness, 2001.

Collins, Jim. *Great by Choice: Uncertainty, Chaos, and Luck—Why Some Thrive Despite Them All*. New York, NY: HarperBusiness, 2011.

Hunter, Kent R. *The Future is Now: How God is Moving in the 21st Century* Corunna, IN: Church Doctor Ministries, January 1, 2011.

Hunter, Kent R. *Gifted for Growth: An Implementation Guide for Mobilizing the Laity*. Corunna, IN: Church Growth Center, 1985.

Hunter, Kent R. *Regeneration: A Spiritual Journey*. Corunna, IN: Church Doctor Ministries, 2012.

Hunter, Kent R. *Spiritual Gifts Profile*. Corunna, IN: Church Doctor Ministries, 2009.

Hunter, Kent R. *Spiritual Gifts Profile*. Corunna, IN: Church Doctor Ministries, 2009.

Hunter, Kent R. *Stress and Burnout: Survive and Thrive Through Church Leadership* (e-book). Corunna, IN: Church Doctor Ministries, 2008.

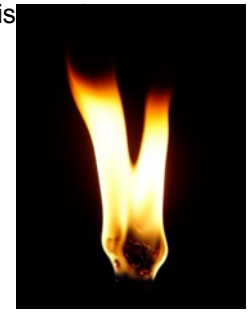
Lencioni, Patrick. *The Advantage: Why Organizational Health Trumps Everything Else in Business*. Hoboken, NJ: Jossey-Bass, 2012

Services: (Church Doctor Ministries: www.churchdoctor.org)

Diagnostic Assessment—A thorough analysis of your congregation's health, strengths, and challenges. Accompanied with a list of recommendations, ecclesiastical and demographic data, leading to a one-to-five year plan of action.

Staffing Consultation—Encourage clarity in philosophy of ministry, goals, team spirit, and minis

Church Government Consultation Process—Restructuring your church to a biblical form of decision-making, providing New Testament low control/high accountability, liberating your decision-making process..



Sponsor a Chruch Doctor Round Table at your church: *12 Effective Outreach Strategies for the 21st Century*. (For details, contact Jason Atkinson at 800-626-8515; jasonatkinson@churchdoctor.org.)

Workshops: (Church Doctor Ministries: www.churchdoctor.org)

Host one of the following workshops at your church for Christians and churches in your area and receive a discount for your church:

- Leading from the Center of God's Will
- Outreach Clinic

Friend us on Facebook: www.facebook.com/churchdoctorministries
Follow Us on Twitter: @churchdoctor

For more information about Church Doctor Ministries' Transformational Initiatives:
www.churchdoctor.org
www.sendnorthamerica.com
www.healthychurchesthrive.com

Church Doctor Ministries
1230 US Highway Six
Corunna, IN 46730 USA
Phone: 800-626-8515
Website: www.churchdoctor.org
E-mail: info@churchdoctor.org

Profile

Church Name_____

Address_____

City_____

Email_____

Contact Person_____

Email/Phone_____

Average church attendance (over the last 12 months):_____

What is the size of your church staff?

Full-time: ____Part-time:____

__Daycare?

Number of teachers?__ Aides?___ Children?___

__Preschool?

Number of teachers?__ Aides?___ Children?___

__Grade school?

Number of teachers?___ Aides?__ Children?___

Administrative Staff?___

What other ministries are included in your church?_____

_____

Other:_____

Describe size._____

Other:_____

Describe size._____

Other:_____

Describe size._____

Your Church consists of how many campuses?_____

How do we pay?

With a check payable to Church Doctor Ministries or purchase online by credit card or by phone.

How long before we receive results?

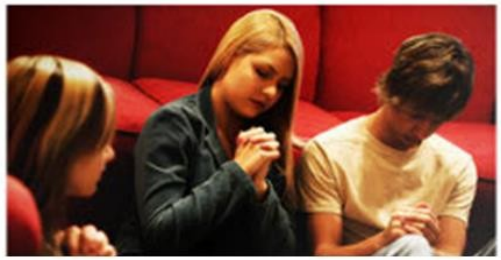
30-60 days.

How do we get started?

Complete the information on the inside panel, or online at http://churchdoctorministries.com/congregational-health-assessment/.

If sending by mail, mail to Church Doctor Ministries, 1230 U.S. Highway Six, Corunna, IN 46730.

Or, email jasonatkinson@churchdoctor.org.



"I will build My church..."

Matthew 16:18; NIV

Church Doctor Ministries
Box 145, 1230 US Hwy Six
Corunna, IN 46730
www.churchdoctor.org

1-800-626-8515
Fax: 1-260-281-2167
jasonatkinson@churchdoctor.org

Church Health Assessment

- ⇒ Anonymous input from everyone at church
- ⇒ Assessment of 9 categories of church vitality
- ⇒ A graphic profile of your church's health
- ⇒ A 12-page report describing the 9 health categories
- ⇒ A forecast of increased health your church could achieve

Cost: $175

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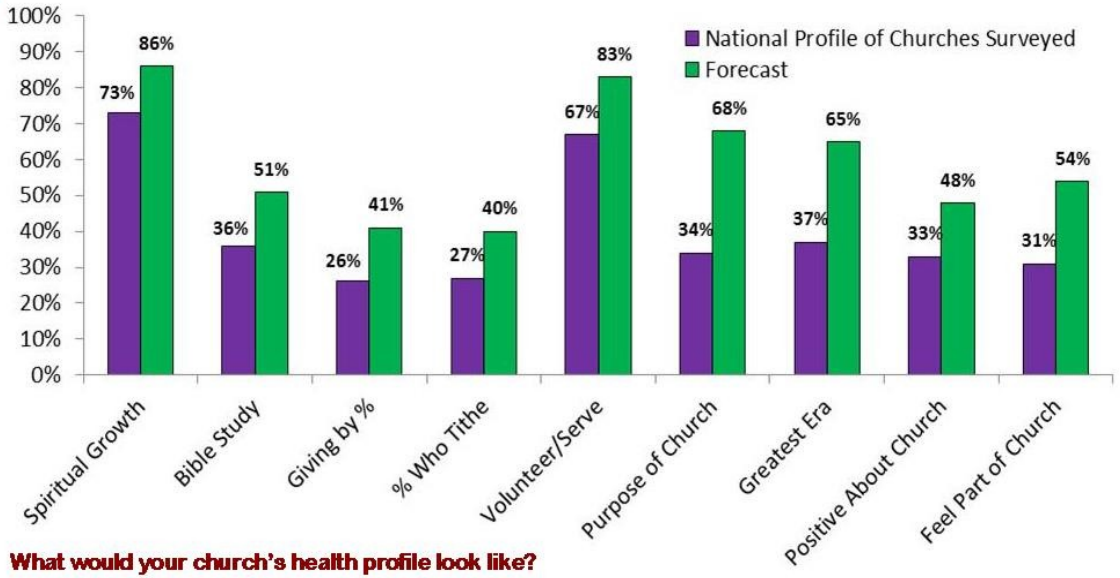

What would your church's health profile look like?

FAQs

How do you gather this information?

You are sent an anonymous questionnaire and instructions. You take five minutes of your regular worship service(s), asking everyone over the age of 12 to complete the questionnaire. You return the questionnaire to Church Doctor Ministries.

What do we receive?

A graphic assessment of the health and vitality of your church in nine categories.

What do the nine categories measure?

1. The percentage of those in your church who say they are growing spiritually; 2. The percentage of those involved in Bible study; 3. Those who approach their financial support proportionally; 4. Those who return 10% or more in their financial giving; 5. The percentage of those involved in service and volunteer ministries; 6. Those who perceive the mission of the church as the Great Commission, to make disciples; 7. The percentage of those who focus primarily on the church's future, rather than the past; 8. The percentage of those who have positive feelings about the church; 9. The percentage of church members who have a high level of ownership of the church and its ministry.

Will there be an explanation of each category?

Yes, you will receive a 12-page booklet that provides a commentary on your results.

Will there be a prediction of how much we can grow in each of these nine areas?

Yes, you will receive a forecast of how much your church can grow in 6 months and how you can achieve that growth.

How can you predict the achievement levels?

This approach is based on research of churches of various sizes throughout the U.S. from various affiliations, in a wide variety of settings (rural, suburban, urban, etc.).

What will it cost?

$175

"Our worship attendance is about 200. If those involved in volunteer service could grow by 16%, that would be 32 new workers!"

Multiplying Hope Through Healthy Churches